

Philippines Health Roadshow Building a Healthy Future for All Filipinos



Key takeaways from EU-ABC's 1st Health Roadshow

Opening Remarks

Key takeaways:

Health inequity remains a key challenge in the Philippines. There remain many unmet needs that will need to be bridged to ensure all Filipinos are taken care of by the national healthcare system.

Inequities and inaccessibility to health are particularly prominent in populations that are often left behind, including mothers, children and communities that are geographically isolated or hard to reach.

To achieve health equity for all, the Philippines' healthcare system needs to move beyond a hospital-centric model to one that enables the provision of health services at a community level.

This can be achieved by exploring innovative health delivery models to deliver comprehensive, coordinated and continuous care for the health of all Filipinos.





Dr. Gerardo Dizon Legaspi

Keynote Address

Key takeaways:

UHC is inclusive, not exclusive.

Building a healthy future for all Filipinos is not a far-fetched ideal, but the Philippines needs to make significant headway in at least three areas – promotion of health, building a robust and resilient health system through public-private partnerships, and mainstreaming health issues in governance.

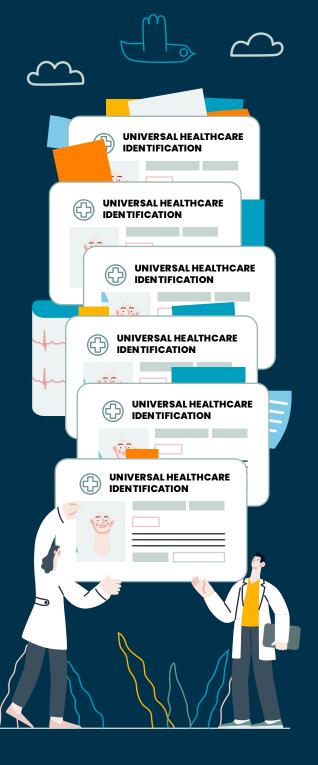
The main barriers to achieving universal health coverage in the country can be overcome with more structural and fiscal investment and coordination at an intra-government level to enable a coordinated approach to achieve UHC as soon as possible.

Making healthcare accessible for all Filipinos can be bridged by creating an integrated system for healthcare provider networks spread across the Philippines archipelago.

In the face of economic barriers that may decelerate the importance of UHC in national budgetary allocations, a collaborative approach across the healthcare system to encourage proactive health-seeking behaviours (such as healthy eating, staying active and being proactive about health monitoring) can diversify the drivers to the Philippines achieving UHV and better health at a population level.

Echoing the sentiments made by Dr. Legaspi, Governor Tan underscored the need to decouple the move towards achieving health equity with political agendas to ensure that the delivery of health services is fair and just to all.





Panel Session 1:

Prioritising Every Filipino Patient & Developing Patient Empowerment

Key takeaways:

The perception of healthcare professionals and policymakers on obesity needs to be reframed urgently. Obesity is a chronic, multi-factorial disease. It is often presented with other chronic conditions such as diabetes and heart disease. Obesity needs to be recognised as a public health threat that merits as much attention as its related co-morbidities to better overcome current barriers to a preventative health agenda.

To address complex chronic diseases, a multisectorial effort that shapes and influences awareness and behaviours to improve habits and lifestyle choices that impacts one's health should span an array of channels.

Systematically, there is also a need to create a supportive and sustainable environment to help people adopt an active lifestyle and make healthy choices. The importance of making self-care a core tenet of public health strategy can relieve the burden on an overstressed healthcare system.

Essentially the state, healthcare professionals, community, and the population will need to work in tandem to transform the environment to drive for better health outcomes and tackle complex diseases like obesity.



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Scan the QR Code for our newly launched Obesity Paper:





Panel Session 2: Future-Proofing Healthcare & Building Resiliency

Key takeaways:

Beyond addressing current challenges faced by the healthcare system, such as ensuring healthy ageing and tackling the rise of chronic diseases, there is a need to future-proof healthcare for better resiliency against potential shocks. For example, embracing technology to resolve value chain barriers and adopting innovative approaches to meet public health objectives are potential solutions that could be explored.

A pandemic-resilient and healthy population cannot rely on a single source of funding, or a value chain approach that is not centered around real-time reactivity. This starts with strengthening procurement capabilities, adopting innovative cost-effective interventions, and decoupling or de-risking pressure points along the Philippines' healthcare value and supply chains.

To protect Filipinos from health risks means reinforcing and doubling down on the country's preventive health agenda. Vaccinations are lauded as one of the most cost-effective preventive health interventions by many governments and global health consortia. Life-course immunisation can help the Philippines address short-, mid- and long-term public health needs and buttress its



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health system for any pandemic shock.

With predictive tools, vaccines or medicines can be deployed whenever it is needed, delivering targeted, effective and cost-efficient health interventions whilst minimising wastage. Good procurement starts from shaping a country's healthcare supply chain as a key node of a global value chain, working with various stakeholders, including the private sector to incorporate best practices and insights.

By leveraging learnings and fostering partnerships, local authorities can continue to strengthen the country's health systems and build resilience against national, regional or global public health threats. Adopting a supply chain and risk management centric approach is critical to future-proofing the Philippines for health, enabling physicians to sharpen their focus primarily on delivering quality healthcare and uplift access to health for all Filipinos.



